

Upcoming SESSIONS

Junior ICE Spring Session

February 9 - May 20, 2026
Monday and Wednesday
4:00pm - 6:00pm



Testimonials

A teacher commenting about the student.

“What did John do this summer? He is back in school and walking with so much confidence, engaging in conversations with teachers, students and he is full of energy”

After taking the ICE program, my son scored so high on most all of the skill assessing activities, and the program gave him a clear direction into what areas of work he was best suited for. He has walked a very hard road and that certificate of completion is one of the most positive experiences he has ever had. DW



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JUNIOR I.C.E.

Junior I.C.E. is an inclusive program designed to promote independence in daily living activities and the skills to create meaningful connections and relationships.

Junior I.C.E. provides hands-on, experiential learning to teach life skills, social skills, and employment readiness to individuals aged 12 -15.

This group is facilitated by skilled, experienced therapists and group sizes are kept small to ensure maximum instructional support.

Participants have the opportunity to build essential life skills in a space where they feel supported and validated, while participating in activities that are fun and interactive!

Main THEMES

Social Skills – Junior I.C.E. participants will obtain the skills and confidence to engage in conversations, create and maintain meaningful connections at home and in the community, and explore the world of dating.

Life Skills – Through opportunities for application and practice, participants will gain valuable knowledge and skills in areas such as nutrition and food preparation, hygiene, puberty, and time management.

Regulation – Through trial and practice, participants will learn how our sensory systems and emotions are related, and increase their ability to manage and respond to sensory input from their environment using regulation tools and strategies.

Mental Health – Participants will expand their knowledge of common mental health challenges and learn healthy coping strategies which can lead to increased feelings of validation, belonging, and self-esteem.

OUR SPACE

The Junior I.C.E. program take place on-site at our KCC office location. Our large group room allows space for interactive group activities. Participants also have access to a kitchen and a fully developed regulation room.



Course FEE

Junior I.C.E. may be covered through extended health care or other insurance plans. Some government services may cover the cost of this service for persons who qualify through their programs.