

Project ICE Spring Session

February 10 - May 21, 2026 Tuesdays and Thursdays 4:00pm - 6:30pm





Testimonials

A teacher commenting about the student. "What did John do this summer? He is back in school and walking with so much confidence, engaging in conversations with teachers, students and he is full of energy"

After taking the ICE program, my son scored so high on most all of the skill assessing activities, and the program gave him a clear direction into what areas of work he was best suited for. He has walked a very hard road and that certificate of completion is one of the most positive experiences he has ever had. DW



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PROJECT

Project I.C.E. (Independence. Competency. Employment.) is an inclusive program that focuses on teaching individuals employment readiness and functional life skills.

This program is intended for individuals aged 15 through adulthood.

This group is facilitated by skilled, experienced therapists and group sizes are kept small to ensure maximum instructional support.

Participants have the opportunity to build essential life skills in a space where they feel supported and validated, while participating in activities that are fun and interactive!

MODULES

Project I.C.E. consists of 12 independent living skill curriculums, listed below. The presentation and teaching methods are adapted to suit the learning need of the participant.

- 1. Nutrition
- 2. Transportation
- 3. Laundry
- 4. Hygiene
- 5. Sleep Scheduling
- 6. Wardrobe in the Workplace
- 7. Appropriate Break Activities
- 8. Peer/Co-Worker Socialization
- 9. Employer & Customer Interactions
- 10. Resume Workshop
- 11. Interview Workshop
- **12. Specialized Guest Speakers/Tours**



The Project I.C.E. program take place on-site at our KCC office location. Our large group room allows space for interactive group activities. Participants also have access to a kitchen and a fully developed regulation room.





Project I.C.E. may be covered through extended health care or other insurance plans. Some government services may cover the cost of this service for persons who qualify through their programs.