

Anxiety **WORKSHOP**

Explore how anxiety develops and functions in children, teens, and adults. Learn practical strategies and resources you can use for yourself, your child or the individuals you support in school, childcare, or respite environments.

WED Mar 18, 2026

L 6:00p - 8:00p



Facilitated by: Brandie Andrews
MSW, RCSW, Clinical Social Worker

Register Now : 403-524-2522

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