

WHAT IS JR. I.C.E.

Junior I.C.E. is an inclusive program designed to promote independence in daily living activities and the social skills to create meaningful connections and relationships.

Junior I.C.E. provides hands-on, experiential learning to teach life skills and social skills, for individuals aged 12 -15.

This group is facilitated by skilled, experienced individuals and group sizes are kept small to ensure maximum support.

Participants have the opportunity to build essential life skills in a space where they feel supported and validated, while participating in activities that are fun and interactive!

Testimonials

A teacher commenting about the student: "What did John do this summer? He is back in school and walking with so much confidence, engaging in conversations with teachers, students, and he is full of energy"

"After taking the ICE program, my son scored so high on most all of the skill assessing activities, and the program gave him a clear direction into what areas of work he was best suited for. He has walked a very hard road and that certificate of completion is one of the most positive experiences he has ever had."

CONTACT US

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KeyConnectionsConsulting.com



EXECUTIVE
FUNCTIONING

LIFE
SKILLS

SOCIAL
SKILLS

MENTAL
HEALTH



JUNIOR I.C.E.

INDEPENDANCE ~ COMPETENCY ~ EXPERIENCE



Upcoming SESSIONS

Junior ICE Summer Session

July 6 - August 13, 2026
Mon, Tue, Wed, Thurs
9:30a - 12:00p



Scan the QR Code
to get more
information from
our intake
coordinator

Main THEMES

Social Skills

Junior I.C.E. participants will obtain the skills and confidence to engage in conversations, create and maintain meaningful connections at home and in the community, and explore the world of dating.

Life Skills

Through opportunities for application and practice, participants will gain valuable knowledge and skills in areas such as nutrition and food preparation, hygiene, puberty, and time management.

Regulation

Through trial and practice, participants will learn how our sensory systems and emotions are related, and increase their ability to manage and respond to sensory input from their environment using regulation tools and strategies.

Mental Health

Participants will expand their knowledge of common mental health challenges and learn healthy coping strategies which can lead to increased feelings of validation, belonging, and self-esteem.

Our SPACE

- Open Learning Space
- Games Room
 - Pool, Air Hockey, Ping-Pong, etc.
- Kitchen
- Sensory Regulation Room
- Yoga Area



Course Fee

Junior I.C.E. may be covered through extended health care or other insurance plans. Some government services may cover the cost of this service for persons who qualify through their programs.