

# WHAT IS PROJECT I.C.E.

Project I.C.E. is an inclusive program that focuses on giving individuals the opportunity to build pre-employment readiness and functional life skills through hands on experience.

This program is intended for individuals aged 15 through adulthood. It is facilitated by skilled, experienced individuals and group sizes are kept small to ensure maximum support.

Participants have the opportunity to enhance essential life skills in a space where they feel supported and validated, while participating in activities that are fun and interactive!

As Project I.C.E. aligns with the High school level course Career Internship 10, this allows participants the opportunity to gain a minimum of 3 High School credits.

## Testimonials

A teacher commenting about the student: "What did John do this summer? He is back in school and walking with so much confidence, engaging in conversations with teachers, students, and he is full of energy"

After taking the ICE program, my son scored so high on most all of the skill assessing activities, and the program gave him a clear direction into what areas of work he was best suited for. He has walked a very hard road and that certificate of completion is one of the most positive experiences he has ever had. - DW

EXECUTIVE  
FUNCTIONING

SOCIAL  
SKILLS

PRE-EMPLOYMENT  
SKILLS

MENTAL  
HEALTH



## CONTACT US

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PROJECT I.C.E.

INDEPENDANCE ~ COMPETENCY ~ EMPLOYMENT



## Main MODULES

**Project I.C.E.** consists of 12 independent living skill curriculums, listed below. The presentation and teaching methods are adapted to suit the learning need of the participant.

- Nutrition
- Laundry
- Hygiene
- Sleep Scheduling
- Occupational Health & Safety
- Transportation
- Wardrobe in the Workplace
- Appropriate Break Activities
- Peer/Co-Worker Socialization
- Resume Workshop
- Interview Workshop
- Employer & Customer Interactions
- Specialized Guest Speakers/Tours

## Our SPACE

- Open Learning Space
- Games Room
  - Pool, Air Hockey, Ping-Pong, etc.
- Kitchen
- Sensory Regulation Room
- Yoga Area
- Construction Room



## Upcoming SESSIONS

Project ICE Summer Session

July 7 - August 27, 2026

Tues, Wed, Thurs

1:00pm - 4:00pm



Scan the QR Code to get more information from our intake coordinator

## Course Fee

Project I.C.E. may be covered through extended health care or other insurance plans. Some government services may cover the cost of this service for persons who qualify through their programs.